

**Santiago “Santi” Villamil PT, MPT, CSCS, FMT**  
*Inspiring the Athlete in everyone*

**Direct Access Physical Therapy & Injury Prevention\Management**

May include:

- Manual Therapy
- Manual Ligament Therapy (MLT)
- Reflex Performance Reset (RPR)
- Postural Restoration (PRI)
- Dynamic Neuromuscular Stabilization (DNS)
- Amino Neuro Frequency Therapy (ANF)
- RockTape/Kinesio Tape

\$150.00 Comprehensive Evaluation and Treatment

\$100.00 per Session

Book 4 sessions at \$320.00 (\$80.00 Savings)

\$5.00 per ANF Disc

*\*No insurance accepted, this is a self pay service, one on one sessions with Santi.*

**Personal Training/Performance Enhancement**

May include:

- Athletic Assessment and Programming (Sport Specific)
- Functional Mobility/Stability Assessment and Programming
- Fitness/Wellness Assessment and Programming
- Rocktape/Kinesio Tape

\$120.00 Initial Session

\$80.00 per 45 min session

**Packages:**

12 sessions \$960.00

18 sessions \$1400.00

24 sessions \$1800.00